

Reflection Sheet:

Develop Your Character with Structure

This reflection worksheet helps you not just describe your characters, but truly understand them. Instead of only collecting data, you will develop motivation, conflict, and growth—the foundation of believable characters.

1. Basic Character Information

Name: _____

Age: _____

Occupation: _____

Appearance (relevant to the story):

Distinctive traits:

2. Core Idea of Your Character

Who is your character at their core?

How would you describe them in 1-2 sentences?

What role do they play in your story?

What makes them interesting or unique?

3. Personality & Traits

Which traits define your character the most?

What are their greatest strengths?

What are their biggest weaknesses?



Which fears or doubts influence their behavior?

4. Goals & Motivation

What does your character want to achieve?

Why is this goal so important to them?

What would happen if they fail?

5. Conflicts & Obstacles

What external obstacles stand in your character's way?

What internal conflicts do they struggle with?

What is holding them back from reaching their goal?

6. Character Development

What is your character like at the beginning of the story?

What changes throughout the story?

What are they like at the end?



What have they learned or lost?

7. Behavior & Logic Check

Does your character act more emotionally or rationally?

Do their actions align with their personality?

Are there moments where their behavior feels inconsistent?

8. Relationships & Environment

Which relationships are most important for your character?

How do other characters influence their behavior?

What conflicts arise from these relationships?

Evaluation

- **You can answer most questions clearly** → Your character is well developed and consistent.
- **You still have gaps in motivation, conflict, or development** → This is where your biggest improvement potential lies. Focus on these areas.
- **Many answers are unclear or superficial** → Your character needs more depth. Revisit the key aspects step by step.

Final Thought

Great characters are not defined by details, but by connections. If you understand why your character acts the way they do, their behavior will automatically feel believable.





For more in-depth tips, see the related **magazine article**:

👉 [Character Development: Writing Consistently with Character Sheets](#)

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